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**a. Professional Preparation**

Hardin-Simmons University	Biology	B.S., 1999
Texas Tech University	Food and Nutrition	M.S., 2002
Cornell University	Dietetic Internship	R.D., 2003
University of Connecticut	Nutritional Sciences	Ph.D., 2007
Baylor College of Medicine	Pediatrics/ Nutrition	2007-2008
USDA/ARS Children's Nutrition Research Center		

**b. Appointments**

2008-2015	Assistant Professor, Department of Food, Bioprocessing, and Nutrition Sciences, North Carolina State University, Raleigh, NC
2015-present	Associate Professor, Department of Food, Bioprocessing, and Nutrition Sciences, North Carolina State University, Raleigh, NC

**c. Professional Scholarly Activities**

*Invited Seminars (out of 8 since 2008)*

1. **Goodell LS**, Carraway-Stage V, Cooke NK, and Peterson A. "Qualitative Research Methods: Level 1" Society for Nutrition Education and Behavior's Pre-Conference Workshop sponsored by the Journal of Nutrition Education and Behavior, Pittsburg, PA, July 25, 2015.
2. **Goodell LS**. "The State of Nutrition Education and the Mealtime Environment in the Head Start Preschool Setting: A Series of Qualitative Examinations" Pediatric Nutrition Seminar Series, Nutrition Section of the Department of Pediatrics, University of Colorado School of Medicine, Aurora, CO, March 13, 2014.
3. **Goodell, LS** and Mita SC. "A Qualitative Investigation of Teachers' Information, Motivation, and Behavioral Skills for Increasing Fruits and Vegetables Consumption in Preschoolers, Journal of Nutrition Education and Behavior." Journal of Nutrition Education and Behavior via webinar, November 4, 2013.
4. Sheeshka, J, **Goodell, LS**, and Cunningham-Sabo, L. "Qualitative research: Best Practices" via Journal of Nutrition Education and Behavior via webinar, November, 16, 2011.

*Service to the Profession (select services for the American Society of Nutrition (ASN) and the Society of Nutrition Education and Behavior (SNEB))*

Board of Editors, Journal of Nutrition Education and Behavior, 2013-present  
Chair, Higher Education Division, Society for Nutrition Education and Behavior, 2014-2015  
Research Interest Section Taskforce on RIS/ ASN Expectations, 2012-2014

Chair for Nutrition Education Research Interest Section of American Society for Nutrition, 2011-2012

**d. Honors and Awards** (since 2011)

1. **Early Professional Award**, Society for Nutrition Education and Behavior, 2014
2. **Outstanding Teacher Award**, College of Agriculture and Life Sciences Representative, North Carolina State University, 2012-2013
3. **Opal Mann Green Engagement and Scholarship Award**, member of the Gardening and Nutrition PIECES collaborative, North Carolina State University, 2011

**e. Collaborators & Grants** (selected from 13 since 2008)

<u>Duration</u>	<u>Project</u>
July 2014-June 2016	Increasing the Supply of Donor Human Milk: A Transdisciplinary Approach (Co-investigator) <i>CALS Dean Competitive Grants Program</i> , TOTAL \$159,021 (Amount Dedicated to My Role: \$2000)
October 2013-October 2014	Nutrition counseling competencies and perceptions from the varying points of view; patients, providers and medical educators. (Project Mentor), <i>Education Research Grant in Pediatrics, University of Colorado Anschutz Medical Campus-Denver</i> , TOTAL: \$10,000 (Amount Dedicated to My Role: ~\$3,000)
July 2013-January 2014	Outdoor Learning Education, (PI for sub-contract) <i>Telamon Corporation, North Carolina Head Start through PNC Bank</i> , Amount Dedicated to NCSU: \$5000
February 2011-May 2011	A nutrition education project for North Carolina Head Start preschools, (PI) <i>Head Start State Collaborative Office, North Carolina Office of School Readiness, Department of Public Instruction</i> , \$4,500
February 2011-January 2016	Promoting the Self-Regulation of Energy Intake in African American and Latino Preschoolers: A Family Focused Obesity Prevention Program, (Consultant) <i>United States Department of Agriculture-National Institute of Food and Agriculture-Agriculture and Food Research Initiative</i> , TOTAL: \$4,194,603 (Amount Dedicated to My Role: ~\$15,000)
July 1, 2009-June 30, 2010	Professional Development for Current and Future Healthcare Professionals: Building Capacity for and through Service-Learning Enhanced Internships in Collaboration with NC Head Start. (PI) <i>University Extension, Engagement, and Economic Development Seed Grant, North Carolina State University</i> , \$9,999
July 1, 2009-June 30, 2010	Community Gardening: Building Community Capacity, Connecting with Curriculum, and Establishing New Community and Campus Networks. (Co-PI) <i>University Extension, Engagement, and Economic Development Seed Grant, North Carolina State University</i> , \$7,500
November 15, 2008-July 30, 2009	A pilot nutrition education project for North Carolina Head Start preschools, (PI) <i>Head Start State Collaborative Office, North Carolina Office of School Readiness, Department of Public Instruction</i> , \$6,000

**f). Publications**

Refereed Journal Articles

1. Power, TG, Hughes, SO, **Goodell, LS**, Johnson, SL, Jaramillo Duran, JA, Williams, K, Eaton, A, and Frankel, L. Feeding Practices of Low-Income Mothers: How do They Compare to Current Recommendations? *International Journal of Behavioral Nutrition and Physical Activity*. Epub 2015 March 7; 12(34): DOI: 10.1186/s12966-015-0179-3.
2. Cooke, NK, Nietfeld, JL, and **Goodell, LS**. The Development and Validation of the Childhood Obesity Prevention Self-efficacy Survey (COP-SE). *Childhood Obesity*. 2015 April. 11(2):114-121. Epub 2015 Jan 13.
3. Cooke, NK, Ash, SL, Wilson, KL, and **Goodell, LS**. A Qualitative Assessment of Pre-Healthcare Undergraduates' Perceptions of Childhood Obesity to Inform Premedical Curricular Changes. *North American Colleges and Teachers of Agriculture*. 2015 March; 59(1).
4. Mita, SC, Gray, SA, and **Goodell, LS**. An Explanatory Model of a Positive Mealtime Environment in a Preschool Setting. *Appetite*. Epub 2015 Feb 26. DIO: 10.1016/j.appet.2015.02.031.
5. Cooke, NK, Ash, SL, Nietfeld, JL, Fogleman, AD, and **Goodell, LS**. Impact of a Service-Learning-Based Community Nutrition Course on Students' Teaching Self-Efficacy. *North American Colleges and Teachers of Agriculture*. 2015 March; 59(1).
6. Johnson, SL, **Goodell, LS**, Williams, K, Power, TG, Hughes, SO. Getting my Child to Eat the Right Amount: Mothers' Considerations When Deciding How Much Food to Offer their Child at a Meal. *Appetite*. Epub 2014 Dec 12. DOI: 10.1016/j.appet.2014.12.004
7. Leak, TM, Benavente, L, **Goodell, LS**, Lassiter, A, Jones, L, and Bowen S. EFNEP Graduates' Perspective on the Use of Social Media to Supplement Nutrition Education: Focus Group Findings in Active Users. *Journal of Nutrition Education and Behavior*. 2014 May-Jun;46(3):203-8. Epub 2014 March 4. DOI: 10.1016/j.jneb.2014.01.006.
8. Perrin, MT, **Goodell, LS**, Allen, JC, and Fogleman, AD. A Mixed-Methods Observational Study of Human Milk Sharing Communities on Facebook. *Breastfeeding Medicine*. 2014 Apr;9(3):128-34. Epub 2014 Feb 3. DOI:10.1089/bfm.2013.0114.
9. Johnson, SJ, Hughes, SO, Cui, X, Li, X, Allison, D, Liu, L, **Goodell, LS**, Nicklas, TA, Power, T, Vollrath, KL. Portion sizes for children are determined by parental characteristics and the amounts parents serve themselves. *American Journal of Clinical Nutrition*. 2014 Apr;99(4):763-70. Epub 2014 January 29. DOI: 10.3945/ajcn.113.078311.
10. Carraway-Stage, V, Henson, SR, Dipper, A, Spangler, H, Ash, SL, and **Goodell, LS**. Understanding the State of Nutrition Education in the Head Start Classroom: A Qualitative Approach. *American Journal of Health Education*. 2014 Jan; 45:1, 52-62. Epub 2014 Jan 8. DOI: 10.1080/19325037.2013.853000.
11. Carraway-Stage, V, Spangler, H, Borges, M and **Goodell, LS**. Evaluation of a Pictorial Method to Assess Fruit and Vegetable Liking among Preschool Children. *Appetite*. 2014 Apr;75:11-20. Epub 2013 Dec 21. DOI: 10.1016/j.appet.2013.12.011.
12. Mita, S, Li, E and **Goodell, LS**. A Qualitative Investigation of Teachers' Information, Motivation, and Behavioral Skills for Increasing Fruits and Vegetables Consumption in Preschoolers. *Journal of Nutrition Education and Behavior*. 2013 Nov-Dec; 45(6):793-9.

- Epub 2013 Jun 22. DOI: 10.1016/j.jneb.2013.05.001.
13. Nicklas, TA, O'Neil, CE, Stuff, J, **Goodell, LS**, Liu, Y, and Martin, CK. Validity and Feasibility of a Digital Diet Estimation Method for Use with Preschool Children: A Pilot Study. *Journal of Nutrition Education and Behavior*. 2012 Nov-Dec; 44(6):618-23, Epub 2012 Jun 23. DOI: 10.1016/j.jneb.2011.12.001.
  14. **Goodell, LS**, Cooke, NK, and Ash, SL. Cooperative Learning Through In-Class Team Work: An Approach to Classroom Instruction in a Life Cycle Nutrition Course. *North American Colleges and Teachers of Agriculture Journal*. 2012 June; 56(2):68-75.
  15. Grossman J, Sherard, M, Prohn, S, Bradley, L, **Goodell, S**, and Andrew, K. An Exploratory Analysis of Student-Community Interactions in Urban Agriculture. *Journal of Higher Education Outreach and Engagement*. 2012 June; 16(2): 179-196.
  16. **Goodell, LS**, Pierce, MB, Amico, KR, and Ferris, AM. Parental information, motivation, and behavioral skills correlate with child sweetened beverage consumption. *Journal of Nutrition Education and Behavior*. 2012 May; 44(3):240-5, Epub 2011 May 31. DOI: 10.1016/j.jneb.2010.07.012.
  17. Reicks M, Degeneffe D, Ghosh K, Bruhn C, **Goodell LS**, Gunther C, Auld G, Ballejos M, Boushey C, Cluskey M, Misner S, Olson B, Richards R, Wong SS, and Zaghoul S. Parent calcium-rich-food practices/perceptions and calcium intake among parents and their early adolescent children, *Public Health Nutrition*. 2012 Feb;15(2):331-40. Epub 2011 June 1. DOI: 10.1017/S1368980011001133
  18. Reicks M, Edlefsen M, **Goodell LS**, Richards R, Wong SS, Auld G, Boushey C, Bruhn C, Cluskey M, Misner S, Olson B, Zaghoul S. Individual and Family Correlates of Calcium-Rich Food Intake among Parents of Early Adolescent Children. *Journal of the American Dietetic Association*. 2011 Mar;111(3):376-84. DOI: 10.1016/j.jada.2010.11.020
  19. Nicklas, TA, Goh ET, **Goodell, LS**, Acuff, D, Reiher, R, Buday, R, and Ottenbacher, A. Impact of television commercials on food preferences of preschoolers. *Journal of Nutrition Education and Behavior*. 2011 Jan-Feb; 43(1): 35-41. Epub 2010 Sep 16. DOI:10.1016/j.jneb.2009.11.007.
  20. **Goodell, LS**, Goh, ET, Hughes, SO, and Nicklas, TA. Caregivers' Attitudes Regarding Portion Size. *The Forum for Family and Consumer Issues*. Spring 2010; 15(1). On-line: <http://ncsu.edu/ffci/publications/2010/v15-n1-2010-spring/index-v15-n1-March-2010.php>.
  21. **Goodell, LS**, Wakefield, DB, Ferris, AM. Rapid Weight Gain during the First Year of Life Predicts Obesity in 2-3 Year Olds from a Low-Income, Minority Family. *Journal of Community Health*, 2009 Oct; 34(5):370-5. DIO: 10.1007/s10900-009-9164-6.
  22. **Goodell, LS**, Bravo, CM, Pierce, MB, Ferris, AM. Parental Perceptions of Overweight During Early Childhood. *Qualitative Health Research*. 2008 Nov; 18(1): 1548-1555. DIO: 10.1177/1049732308325537.
  23. Swanson, BJ, Roman-Shriver, CR, Shriver, BJ, **Goodell, LS**. A Comparison Between Improvers and Non-Improvers Among Children with Anemia Enrolled in the WIC Program. *Maternal Child Health Journal*. 2007 Sep; 11(5): 447-59. Epub 2007 Feb 21. DIO: 10.1007/s10995-007-0189-0.